

# **Adams County Junior Skyline League By-Laws**

## **Revised August 17, 2009**

**Membership:** Adams City, Kearney, Mapleton Black, Mapleton Silver, Overland Trail, Prairie View, Vikan, Stuart, Belle Creek, Landmark, Bromley E.

### **By-Laws**

Rules not specifically referred to in the by-laws shall be regulated under the official guidelines of the Colorado High School Activities Association.

#### **Article I: Eligibility of Players**

- 1.1 The student must be a regularly enrolled sixth, seventh or eighth grader of the member school. The laws of the State of Colorado shall govern students who attend Charter Schools or are home schooled. The student shall be eligible immediately after enrollment.
- 1.2 With the exception of football, wrestling, and soccer, which are combined seventh and eighth grade teams, a student is ineligible to participate with a grade other than that in which he/she is enrolled.
- 1.3 If a school does not have enough eighth grade students to participate in a post season tournament, no more than two seventh grade students may participate in the post season.
- 1.4 If a student is over age at the outlined date herein, the student must move up to play with the age group which is correct for the student. The league will not make any exceptions to the eligibility rule.  
7<sup>th</sup> grade – if the student is 14 by August 20, the student is over age.  
8<sup>th</sup> grade – if the student is 15 by August 20, the student is over age.
- 1.5 The school administration shall have the authority to declare a student ineligible for participation in league activities based on poor citizenship and/or academic eligibility.
- 1.6 A student must have a minimum of 5 days practice before competing in a game. (except football: see rule 3.1)
- 1.7 Sixth grade students may participate in wrestling, soccer, and track.

#### **Article II: Provisions Governing Contests**

- 2.1 Officials
  - 2.1.1 It is recommended that officials used in league matches be registered CHSAA officials.
- 2.2 Rules and Regulations
  - 2.2.1 Rules and recommendations will be developed and formulated by the representatives of the league. A review will be conducted at the end of each school year.

- 2.2.2 The schools will use the same rules for contests as those used by the Colorado High School Activities association except for the specific changes indicated in the yearly rules and regulations as published by the league in “By-Laws” or by the agreement of league members with not more than one dissenting vote.
- 2.3 Equipment
  - 2.3.1 All protective equipment required by the rules committee of the C.H.S.A.A. must be supplied.
  - 2.3.2 Athletes shall be attired in the official school uniform unless other provisions are made by the school’s athletic director.
- 2.4 Trophies
  - 2.4.1 In the case of a tie for the championship, all schools involved will be named co-champions and have an option to purchase their own trophies.
- 2.5 Admission to Events
  - 2.5.1 Each school district will determine charging admission for athletic events.
  - 2.5.2 League Tournament admission prices will be \$2 adults, \$1 students
- 2.6 Participation
  - 2.6.1 All team members will participate in either the fifth quarter or varsity game during the season. This rule will be suspended for tournament games since there is no fifth quarter.
- 2.7 Seeding Tournament seeding should follow the Skyline HS League
- 2.8 Photos Photographers must not be on the playing field.

### **Article III: Football**

- 3.1 Football practice will begin at the discretion of the league. Seven (7) days of practice for each participant will be required prior to the first game. The first three (3) days for each participant will be conditioning days with no contact.
- 3.2 The length of a game shall be 32 minutes (four (4) eight (8)minute quarters
- 3.3 Games shall be timed according to the C.H.S.A.A. regulations, except for the length of quarters.
- 3.4 Games ending in ties will be played off according to the C.H.S.A.A. by-laws
  - 3.4.1 Each team will take possession of the ball at the opponent’s 10-yard line.
  - 3.4.2 Each team will have four plays in which to score.
  - 3.4.3 Play will continue until a winner is decided.

- 3.5 A fifth quarter may be played. The fifth quarter will be played under the following guidelines:
- 3.5.1 The ball will be placed on the 50-yard line to begin the game, and flip of the coin will determine who shall have the first offensive possession.
  - 3.5.2 There will be a total of 20 plays. Each team will have 10 consecutive offensive plays
  - 3.5.3 All live ball penalties will count as a play.
  - 3.5.4 Loss of the ball due to a fumble or pass interception will move the ball back to the 50 yard line or remain at the point of defensive recovery, whichever is the greater loss to the offensive team. The offense retains possession of the ball.
  - 3.5.5 No score will be kept.
  - 3.5.6 If a safety occurs, the ball goes back to the 50-yard line. The offensive team retains the ball.
  - 3.5.7 The extra point try (optional) will count as one of the twelve (10) offensive plays.
  - 3.5.8 The coaches may be on the field during the play of the 5<sup>th</sup> quarter of A games and during B games.

#### **Article IV: Volleyball**

- 4.1 Volleyball practice will begin at the discretion of the league.
- 4.2 There will be one seventh (7<sup>th</sup>) and one eighth (8<sup>th</sup>) grade team.
- 4.3 Rally scoring will be used.
- 4.4 The winner will be decided in the first and second games when one team reaches 25 points. A third game (if needed) will be played to 15 points with a margin of two points necessary to declare the winner and/or 1<sup>st</sup> team to obtain 35 points.
- 4.5 Server must rotate after her team scores 5 consecutive points. Team retains serve.
- 4.6 A fifth quarter may be used with a 15 minute running clock. This does not count in the scoring and will not be used during tournament play.
- 4.7 The height of the net is 7ft. measured at the center.

#### **Article V: Basketball (Boys and Girls)**

- 5.1 Basketball season will begin at the direction of the league.
- 5.2 The length of a game for seventh (7<sup>th</sup>) and eighth (8<sup>th</sup>) grades shall be 24 minutes (four (4) six (6) minute quarters).
- 5.3 There will be no more than a six (6) minute half-time.
- 5.3.1 A fifteen minute running clock fifth quarter may be played except in tournament play.
- 5.4 There will be no full court press allowed in the first half of 7<sup>th</sup> grade games.

5.4.1 If a team is ahead by a margin of 15 points or greater, no full court press allowed.

## **Article VI: Wrestling**

- 6.1 Wrestling season may begin at the discretion of the league.
- 6.2 Sixth grade students may participate. Individual schools will make their own decisions as to whether sixth graders will be eligible.
- 6.3 Weigh-in shall occur the night before the match. Coaches and/or school administrators may serve as weigh-in judges.
- 6.4 The weight classification shall be as follows.

68	86	105	123	145	175
74	92	112	128	155	185
80	98	118	136	165	HWT 185.2-250

- 6.4 Scoring shall be according to C.H.S.A.A. rules for dual matches and tournaments.
- 6.5 There will be a weight increase of two pounds after Thanksgiving Break.
- 6.6 Wrestling matches shall consist of three (3) periods, two (2) minutes each except in exhibition matches (1-1-1).
- 6.7 Forfeit points shall be awarded to teams if either team is unable to meet the required weight in any classification (six points for each weight forfeited).
- 6.8 Weight classification certification: Boys/Girls must establish their body weight classification at the first meet.  
He/she may be allowed to go down one weight or above one weight from his first established weight.
- 6.9 League Tournament Rules
  - 6.9.1 Weigh-ins will occur the morning of the tournament.
  - 6.9.2 Wrestlers who do not make weight may wrestle one bracket higher provided they wrestled at least one match at that weight during the regular season. A JV wrestler may be placed into the bracket of the varsity wrestler who did not make weight(both wrestlers will be seeded first).
  - 6.9.3 Wrestlers not participating in the Varsity tournament may participate in the JV tournament(No Varsity wrestlers in JV tournament, if they don't make weight)

## **Article VII: Track (Girls and Boys)**

- 7.1 Track season and practice may start at the discretion of the league.
- 7.2 A participant shall be limited to four (4) events in any track meet. No more than three (3) of these events may be running events, including relays.
- 7.3 A team will be limited to three (9) entries in each running event, (6) in each field event, and (3) relay teams per event in a regular season meet.
- 7.4 Boys and Girls teams will consist of sixth (6<sup>th</sup>), seventh (7<sup>th</sup>) and/or eighth (8<sup>th</sup>) grades.
- 7.5 The Boys meets and the Girls meets will be held together at the same location.

- 7.6 Scoring will follow the rules of the C.H.S.A.A. and rulebook.
- 7.7 All heats will be run against time in all meets.
- 7.8 The contestant will have three (3) trials in all field events. In high jump a contestant is eliminated on the third miss at one height.
- 7.9 Order of events: All events will be contested in this order:  
A. Girls  
B. Boys  
\*Girls and Boys may be combined if there are not sufficient entries.
1. Discus
  2. Shot Put
  3. Long Jump
  4. High Jump
  5. Triple Jump
  6. 75 meter low hurdles (7 hurdles 30" high) 8.5 meters start to first hurdle, 11 meters to finish hurdle
  7. 1600 meter
  8. 100 meter dash
  9. 800 meter relay
  10. 400 meter dash
  11. 400 meter relay
  12. 800 meter run
  13. 200 meter dash
- 7.10 Each individual event should be supervised by an adult.
- 7.11 Situation rulings will follow the C.H.S.A.A. rulebook.
- 7.12 League Championship
- 7.12.1 In quad meets, participants will be limited to three (3) events.
- 7.12.2 In league meets, participants may be in 4 events.
- 7.12.3 In league meets the top three competitors from either sixth, seventh or eighth grade will be permitted in each event.
- 7.12.4 In league meets, field events and the mile will be held on the first day. The remainder of the running events will be held on the second day.

### **Article VIII: Soccer (Girls and Boys)**

- 8.1 Soccer season and practice may start at the discretion of the league.
- 8.2 Games will consist of 2-30 minute halves.
- 8.3 Halftime will last no longer than 6 minutes.
- 8.4 Teams may consist of 6<sup>th</sup>, 7<sup>th</sup>, and/or 8<sup>th</sup> graders.
- 8.5 A 15 minute 5<sup>th</sup> quarter may be played.

## **Article IX: General**

### 9.1 Cheerleading

- 9.1.1 Organized cheerleading will not be sanctioned by the league.
- 9.1.2 Spirit club members must remain in the bleachers at all athletic events.

### 9.2 Sportsmanship

- 9.2.1 Coaches must demonstrate appropriate leadership in the area of sportsmanship.
  - Do not question the referees during play
  - Read and abide by all by-laws
  - Keep control of players conduct
  - Speak respectfully at all times to referees, teams and opposing athletic directors
  - Avoid derogatory remarks about referees to players
- 9.2.2 A coach ejection will result in the next game suspension from coaching.
- 9.2.3 A coach being ejected from two games will result in dismissal.
- 9.2.4 A sportsmanship statement should be read before each contest.